

How Perennial Helps



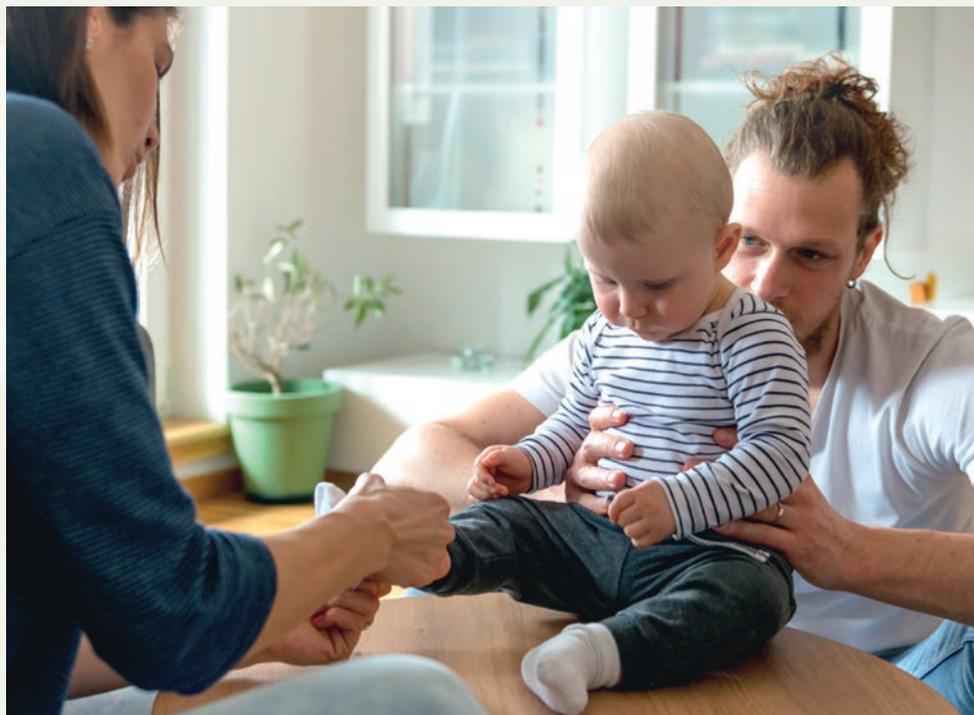
Helping people
in horticulture
Perennial



We're here to help anyone who professionally makes or looks after gardens, sports grounds, woodlands and other green spaces. If you work with plants, trees or grass, Perennial is your charity. Our friendly and experienced team can help you and your family when you're facing overwhelming challenges, an unexpected crisis or life changing event at any stage of life, including through retirement.

People tell us we're a 'lifeline' as we're here for you throughout your working life and into retirement. We understand the devastating impact bereavement, money worries, ill health, homelessness, redundancy and family breakdown can have on lives and that everyone can experience financial difficulties or struggle to meet daily living costs.

No problem or question is too big, or too small, so don't let something that's worrying you become a crisis. You can receive our help by phone, in your home, online or in your local community, and it's all free and confidential.



HOW DO WE HELP?

Personal support

With Perennial, everyone working in or retired from horticulture has access to personal support when they need it most. We help people everyday plan for their futures, including helping them retrain, move or adapt their home in retirement, or gain extra help to remain independent. We're here for families coming to terms with a life-changing health diagnosis or following a bereavement. We can help you through money worries, redundancy or after a life-altering accident.

Whatever you're up against, we can be the listening ear you need. We'll work with you to understand your individual needs and develop personalised support that's right for you.

"If it wasn't for Perennial our relationship would have broken down and we wouldn't be where we are today. It's really reassuring to know that Perennial will always be there; that's a great help for me, both physically and mentally."

Stephen – Self-employed landscape gardener with a long-term health condition.



HOW DO WE HELP?

Health

One in four people working in or retired from horticulture are likely to experience mental health problems. We understand the impact poor mental and physical health can have on lives and know that its ripple effect is felt by family and friends for years to come. If you're facing challenges that seem overwhelming, we can help. We can support you to cope with life-changing events and we're here to help you overcome the complex issues we know families are facing today. There are many

ways in which we can help, including maximising your income through welfare benefits, direct financial assistance or support with housing, employment or debt. We're here for you and your family, so please don't wait until things are becoming too much before you get in touch.

“We were visited by a caseworker within days. She seemed to know exactly what we needed, and her advice was perfectly pitched. We didn't feel patronised and felt positive that our situation was being taken seriously. Looking back, we simply couldn't have copped without Perennial.”

Kate - Nursery worker with a kidney condition in need of a transplant.



HOW DO WE HELP?

Accident & injury

The weeks and months following a life-changing injury can be challenging, not only for you but also for your family and friends. A serious injury can affect every aspect of your life, from your day-to-day living arrangements to your finances.

Coping with the impact of a life-changing injury isn't easy, but we can help you stay financially stable and support your return home. We can help you make any

necessary changes to your home, help you access the right equipment and help support your long-term recovery. We can also help you retrain in a new career if horticulture is no longer an option.

“The impact fractured my neck, broke my back and severely damaged my spinal chord. I'm lucky my children still have a dad but we needed to move and adapt a house for my additional needs. I don't regret calling Perennial for a second.”

Sean - Self-employed tree surgeon left paralysed and unable to work.



HOW DO WE HELP?

Money matters

Anyone can face money worries, at any point in their life. If you're finding it difficult to meet your daily living costs, or need some extra financial support, for whatever reason, we can help.

We can help you with budgeting, help you access welfare benefits and if you have urgent debt problems our qualified debt advisers can help by negotiating with creditors, preparing financial statements and advising on

bankruptcy and paperwork.

We can sometimes provide crisis food, clothing, heating and housing support for you and your family, but for most people we can help before a problem becomes a crisis. Please don't be afraid to ask for help – it's why we're here.

“The bills didn't stop so I didn't. My condition made me mentally depressed and so when Perennial stepped in, they definitely helped me get better. They're patient and they don't judge. You just feel like you're being looked after, when you can't look after yourself.”

Leigh – Self-employed landscaper and single parent with a stress-induced skin condition.



HOW DO WE HELP?

Children's Support

We want every child to enjoy a fulfilling childhood and be able to take part in the same activities as their friends. We can help parents and carers who, despite careful budgeting, are worrying about the rising costs of raising a family, especially during the school holidays.

We can ensure you are receiving all possible financial support and can give additional financial help to meet additional childcare needs,

cover the cost of school trips and school essentials. For families in receipt of free school meals, we can offer access to nutritious meals throughout the school holidays. We work with families every day that are facing similar challenges so if your family needs some extra help, please speak to one of our team.

“Perennial helped with meals and paid for a school trip for our other child. Without their help, we just wouldn't have been able to cover the cost.”

Alison and Stuart – Self-employed gardener and garden centre worker.



How you can help

We all have a connection to horticulture, whether it's enjoying the great parks and gardens of the UK or working to create them. Help us to spread the word about the work that we do, to ensure that all those who maintain these

beautiful spaces are supported for generations to come.

To make a donation visit www.perennial.org.uk/donate or call 0800 093 8792

Quick and simple ways to help...



Give as you Live®

Purchase products at over 4200 stores online through Give as you Live and they donate a percentage of their profit to Perennial.



For every search you make, Everyclick makes a donation to Perennial.



Donate your car with Charity Car to raise money for Perennial. It's easy and doesn't cost a penny



Choose Perennial with Amazon Smile and we will receive 2p for every £1 you spend.

A little more hands on...

Online shop

Shop with us online to directly support our work. We offer a range of lovely gifts and products, including a wonderful range of everyday gifts and greetings cards and Perennial Christmas cards, which are a fantastic way to spread the word and let more people know that Perennial is here to help.
0800 093 8792 | shop.perennial.org.uk

Volunteer opportunities

No matter how much or little time you have to spare, we have opportunities to suit everyone. Get involved and give something back.
volunteer@perennial.org.uk



Become a Perennial Partner or Corporate Supporter

We share your duty of care to your employees and promise a symbiotic partnership from just £100 p/a.
www.perennial.org.uk/partners



Perennial Partners

Product or Service

Offer a product or service where a percentage of the sales goes to support Perennial.

Sponsorship

Sponsor an event or programme of events so that every penny raised can be used for people who need our help.

Sign up to a Challenge Event

With opportunities to test your endurance, face your fears and travel to one of the seven wonders of the world, there really is something for everyone!
www.perennial.org.uk/events



Visit our gardens

FULLERS MILL



© Marcus Harpur

Fullers Mill is an enchanting and tranquil waterside retreat on the banks of the River Lark at West Stow in Suffolk.

www.fullersmillgarden.org.uk
01284 728 888

York Gate is an arts and crafts style garden with 14 different garden 'rooms' and a wildflower meadow in Adel, North Leeds.

www.yorkgate.org.uk
0113 267 8240



YORK GATE

© David Sellman

Become a Friend of Perennial, York Gate or Fullers Mill

Enjoy priority booking for special events, preview offers and regular updates from the charity.



Leave a gift in your will

Change lives for generations to come by leaving a legacy to Perennial.
legacies@perennial.org.uk

Join our Perennial Fellowship

Our major donors form a Fellowship of friends and benefit from our 'money can't buy' exclusive experiences.
www.perennial.org.uk/fellowship

Join us at a Special Event

Book tickets to one of our glorious garden tours in exclusive locations in and around the UK, with an international trip thrown in every once and a while!
www.perennial.org.uk/events

**For all other queries or more information,
visit www.perennial.org.uk or call 0800 093 8510**

We're here for you and your family at every stage of your life. Help us reach more people by telling someone about Perennial today.

Together we are creating better futures for people in horticulture and their families.

Contact us and become part of the Perennial family.



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Perennial

General Advice: 0800 093 8543 | Debt Advice: 0800 093 8546
Monday to Friday 8.30am - 5pm | services@perennial.org.uk | www.perennial.org.uk



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